


# The Twist and Sprout Hat

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**a charming chapeau sure to brighten the darkest winter day**

Instructions for infant (toddler, teen-to-adult, large adult)

## **Yarn:**

A: Two 50g balls of worsted weight wool / merino for main hat (in violet, above).

## **Optional yarn:**

B: Scraps in fuchsia for main portion of flower.

C: Scraps in green for leaf.

D: Scraps in orange for center of flower.

*Note: The sample above was knit in Dale Garn "Freestyle" worsted weight washable wool which has been discontinued. You can substitute with any worsted weight yarn of your choice. The blue sample on page three used Malabrigo Worsted. The multi-colored sample on page three used Noro Kureyon.*

## **Suggested needles:**

\*US size 8 (5.0mm) double pointed needles. (Or, begin on a circular, then switch to dpns near the top; or, use two circulars; or, one extra long circular with the "magic loop" method. Any of these methods can be used to produce the same hat.) If you prefer a ribbed bottom, as shown on the blue sample on page three, use needles one size smaller than your main needle for the cast on and the ribbing.

**USE WHATEVER SIZE YOU NEED TO OBTAIN THE GAUGE, BELOW!**

*Option: For a smaller flower/leaf, use a smaller needle.*

## **Gauge:**

18 stitches and 24 rows = 4"/10cm in stockinette stitch. One repeat of twist pattern spans 2 ½"

*(Save time by taking the time to check the gauge!)*

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## Abbreviations:

**CO** = cast on; **K** = knit; **K2tog** = knit 2 stitches together; **M1** = Make 1 stitch: Insert left needle, front to back, under strand of yarn between next stitch on left needle and previous stitch on right needle; knit lifted stitch through back loop; 1 stitch increased; **P** = purl; **pssso** = pass the 1 slipped stitch over the last stitch; **rd(s)** = round(s); **rem** = remain(ing); **rep** = repeat; **sl** = slip, purlwise in this case; **SSK** = slip 2 sts individually knitwise, then knit those 2 stitches together; **RS** = right, public side; **st(s)** = stitch(es); **WS** = wrong, private side; **yo** = yarn over (bring yarn to front of work and lay over right needle as you K the next st.)

## Twist stitch:

All even # rounds: \*Sl 1, k1, pssso, k6, yo, k3, repeat from \* to marker. All odd # rounds: K all sts to marker.

## Hat instructions:

**Rolled brim** (*violet sample with flower*): Begin with the main needle size.

**Ribbed brim** (*blue sample*): Begin with needle(s) one size smaller than your main needle.

**Both versions:** CO 77(88,99,110) sts. Place marker. CO 1 more st. Taking care not to twist CO sts, join work circularly as follows: K1, pssso. (The extra CO st is passed over to form the join and we're back to the original 77(88,99,110) CO sts.)

**Rolled brim:** K 7 rounds. Work twist stitch until length from CO edge = 5½ (6,6½,7)''

**Ribbed brim:** \* K 1, P 1, rep from \* for 9 rds. Change to main needle(s). Work twist stitch until length from CO edge = 5 (5 ½ , 6, 6 ½ )''

## Top shaping:

\*Sl 1, k2tog, pssso, k5, yo, k3, rep from \* to marker. K 1 round.

\*Sl 1, k2tog, pssso, k4, yo, k3, rep from \* to marker. K 1 round.

\*Sl 1, k2tog, pssso, k3, yo, k3, rep from \* to marker. K 1 round.

\*Sl 1, k2tog, pssso, k2, yo, k3, rep from \* to marker. K 1 round.

\*Sl 1, k2tog, pssso, k4, rep from \* to marker. K 1 round.

\*Sl 1, k2tog, pssso, k2, rep from \* to marker. K 1 round.

\*Sl 1, k2tog, pssso, rep from \* to marker. K 1 round.

\*K2tog, rep from \* to marker. \*Pssso, rep to end. Cut yarn & pull through last st, leaving a few inches for tying off inside hat.

## Leaf:

Using C, CO 1. K into front, back & front; (3 sts).

K1, yo, K1, yo, K1. P 1 row.

K2, yo, K1, yo, K2. P 1 row.

K3, yo, K1, yo, K3. P 1 row.

K4, yo, K1, yo, K4. P 1 row.

SSK, K3, yo, K1, yo, K3, K2tog. P 1 row.

SSK, K7, K2tog. P 1 row.

SSK, K5, K2tog. P 1 row.

SSK, K3, K2tog. P 1 row.

SSK, K1, K2tog. P 1 row.

Sl 1, K2tog, pssso. Cut yarn & pull through last st, leaving a few inches for attaching to hat.

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### Optional flower:

Using B, CO 27 sts, leaving a tail a few inches long for gathering the center and attaching the flower to the hat.

Row 1 (RS): K1, \*p1, K1, rep from \* to end.

Row 2 and all WS rows: K the knit sts, p the purl sts.

Row 3: K1, \*p1, M1, K1; rep from \* to end.

Row 5: K1, \*p2, M1, K1; rep from \* to end.

Row 7: K1, \*p3, M1, K1; rep from \* to end.

Row 9: K1, \*p4, M1, K1; rep from \* to end.

Row 10 = last WS row.

Bind off all sts, leaving a tail about 8" long. Run the CO tail through the CO sts using a tapestry needle; gather tightly. Using BO tail, sew flower seam from outer edge toward center. Attach flower center to hat near hat bottom. Attach leaf bottom to flower center and leaf top to hat at 2 o'clock angle. Make a bobble using D as follows: CO 1st, K into front, back, then front again (3 sts). K into front, then back of each of the 3 sts (6 sts). P6. K1, \*K1, psso, repeat to end. Cut yarn and pull through last st, leaving a few inches. Run tail through far side of work, forming large bobble. Tie ending tail with CO tail, pull both tails through center of flower, tie and weave into WS of hat. Bestow hat upon beautiful head with hugs and kisses.



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